

# Investigating the Gender Gap in Healthcare Costs for Non-Communicable Diseases: Insights from Oaxaca Blinder Decomposition Analysis in Indian Households



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#### Background

- Approximately 66 percent of all deaths in India occur due to NCDs, affecting the age group 30-69 years
- Women incur the triple burden of reproductive, communicable, and non-communicable diseases (NCDs)
- Myth: NCDs are male-dominant and limited to high-income countries
- Reality: NCDs have been the leading cause of death among women globally for the past three decades
- Two in every three deaths among women are due to NCDs each year

#### Research Question

- How differently are men and women facing the burden of NCDs in India?
- How much does the gender gap exist in healthcare costs among NCDs?
- What are the background factors responsible for the gender gap in Healthcare Costs (HCC)

among NCDs?

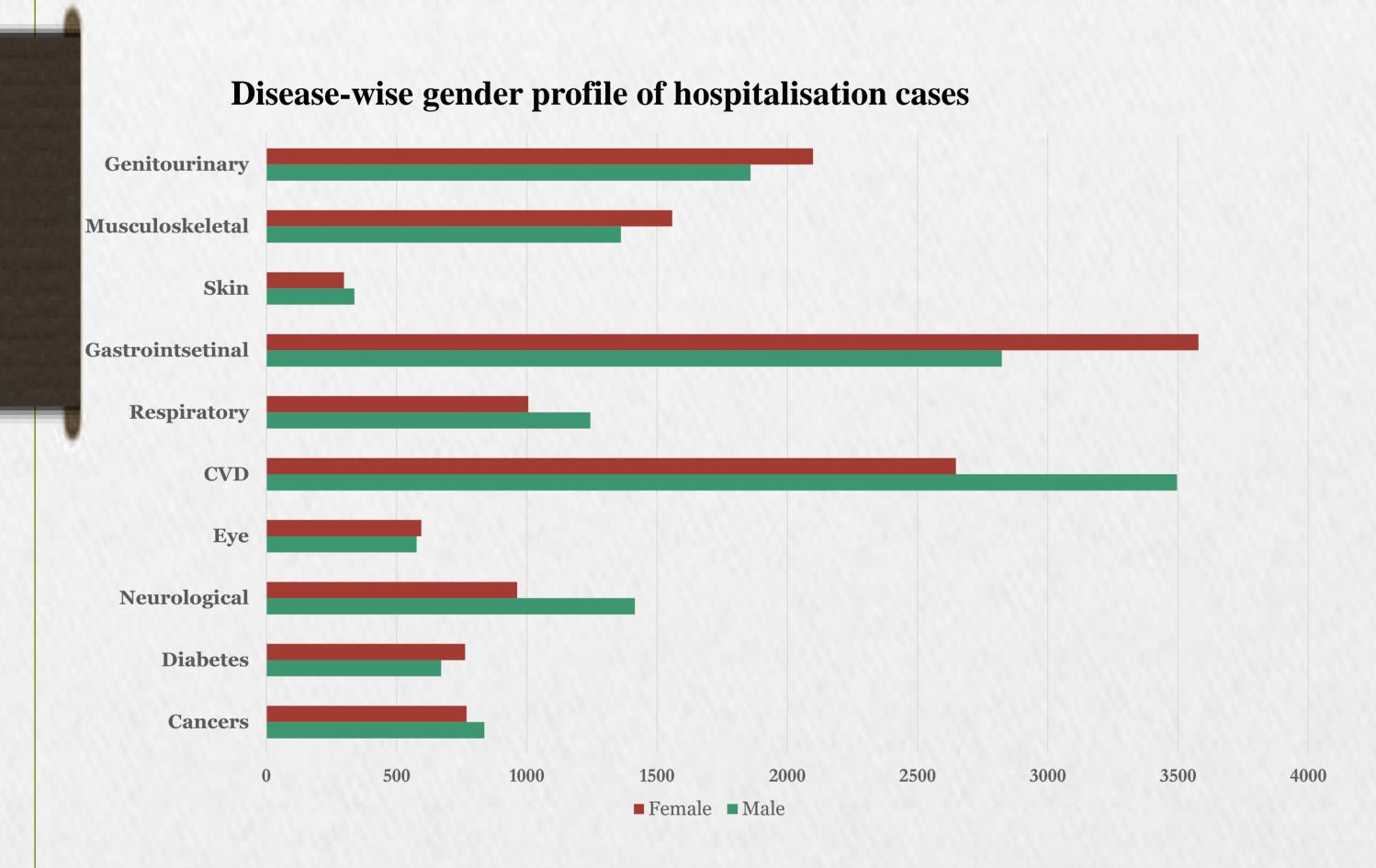
## Data and Methods

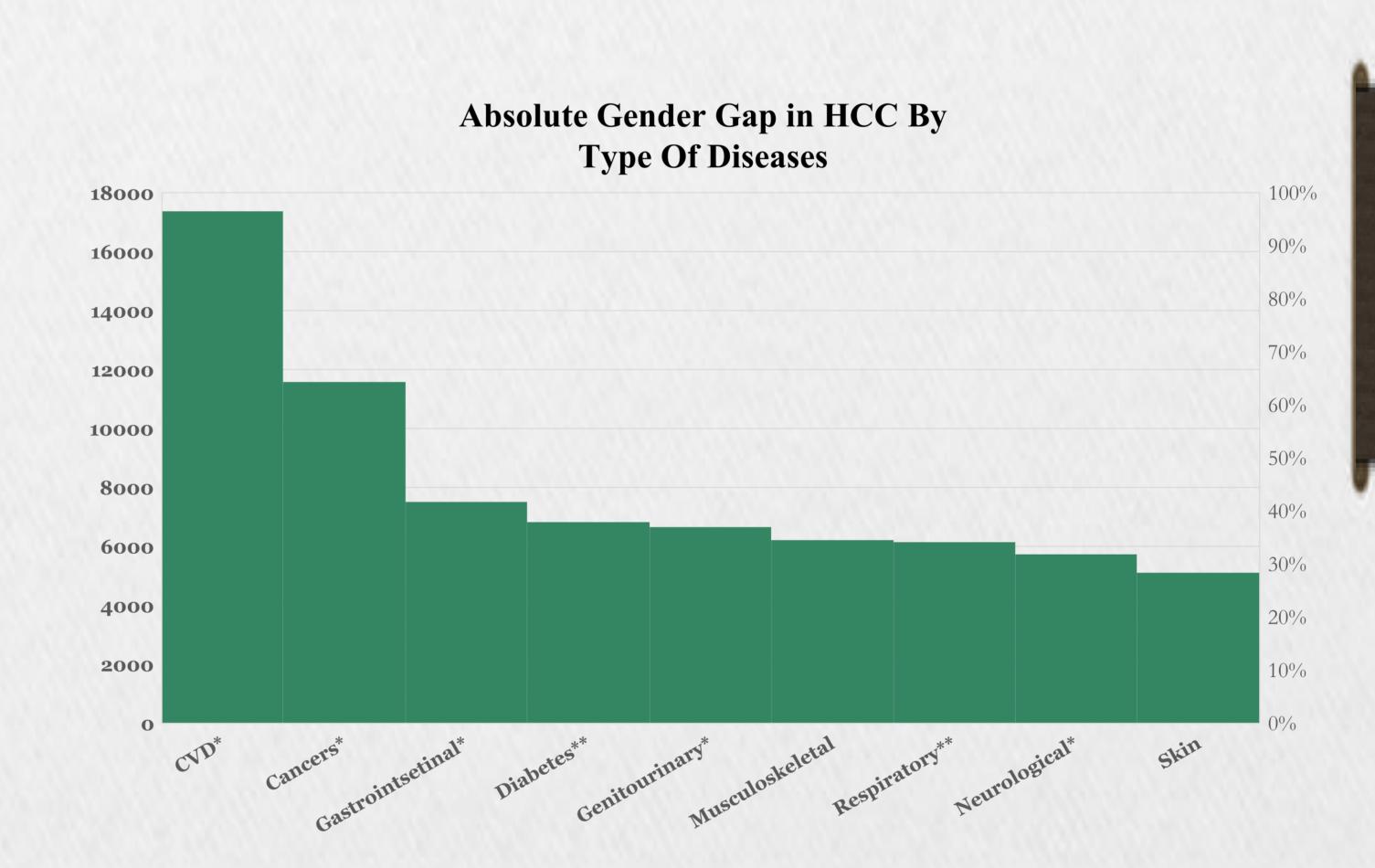
- 75th round of 'National Sample Survey on Household Social Consumption: Health (2017-18)
  - In-patient hospitalization data for average total medical expenses for the last 365 days
- Cross-tabulation and descriptive statistics to examine the differences in hospitalization cases and HCC
- Oaxaca Blinder Decomposition Analysis to evaluate the factors responsible for the gap into explained and unexplained:
  - Model:  $lnHCC^{men} lnHCC^{women} = \beta^{men}X^{men} \beta^{women}X^{women}$

 $+ \Delta X \Delta \beta$ 

Endowment Effect {**E**} + Coefficient Effect {**C**} + Interaction Effect {**CE**}

## Results





# **Oaxaca-Blinder Decomposition Results**

Variables	Coefficient
Men	9.53
Women	9.22
Raw Difference{R}	0.31
Endowments {E}	0.22
Coefficients {C}	0.07
Interaction{CE}	0.02

Unexplained  $(U)\{C+(1-D)CE\}$ : Explained (V) {E+D\*CE}: 0.216 % unexplained  $\{U/R\}$ : 29.5 % explained (V/R): 70.5

Contributors to the Gender Gap in HCC:

- Catastrophic Health Expenditures -42%
- Age group (60 and above)- 16%
- Other Factors: Not Insured, Source of Finance (Borrowings), Place of Hospitalization (Other State)

# Discussion & Conclusion

- Women bear more burden for diseases like cardiovascular diseases, cancers, psychiatric and neurological, genitourinary, musculoskeletal, and gastrointestinal diseases in HCC
- Increased gender discrimination in Indian households facing catastrophic health expenditures.
- · Lack of coverage under healthcare expenditure support schemes lags women behind their male counterparts in HCC.
- Government should focus on disease-specific treatment facilities to break gender asymmetries in healthcare costs in India

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